



Recreation Programs - WINTER/SPRING 2020

	Residents	Non-Residents	Meets	Time	Location	Begins	Ends	# of classes
<u>Belly Dancing</u> Tina Berrier	\$45	\$50	Thursdays	7:00 - 8:00 PM	WF Annex Building	Feb 27th	April 2nd	6
<u>Dog Training</u> Anne Saunders	\$85	\$85	Fridays	<u>Basic 101</u> 7:30 - 9:00 PM	WF Annex Building	March 20th	May 1st	7
			Wednesdays	<u>Puppy Training</u> 5:45 - 7:00 PM	WF Annex Building	March 18th	April 22nd	6
				<u>Rally/Agility</u> 7:30 - 9:00 PM	WF Annex Building	March 18th	April 29th	7
<u>Cardio Kickboxing</u> Allison Ramsey	\$56	\$60	Mondays & Wednesdays	6:00 - 7:00 PM	East Pennsboro Middle School	Jan 6th	Feb 26th	14
					West Creek Elementary	March 9th	April 22nd	14
<u>MAI Tai Chi</u> Andrew Baker	\$95	\$100	Mondays	7:00 - 8:00 PM	WF Annex Building	Jan 17th	May 11th	15
<u>Senior Wellness</u> Mary Stine	FREE 55 years+	Residents Only	Tuesdays & Thursdays	11:00 AM - Noon	WF Annex Building	<u>No Classes:</u> Nov 28 & Dec 24 - 31st		
<u>Zumba Gold</u> Lisa Lynch	\$35	\$40	Tuesdays	9:45 - 10:45 AM	WF Annex Building	Feb 18th	March 24th	6
						March 31st	May 5th	6

Sign-up online at eastpennsboro.net or Call 717-732-0711, option 3

* For Information on Swim Lessons, Water Aerobics & Lap Swim contact the YMCA 717-737-9622 *